

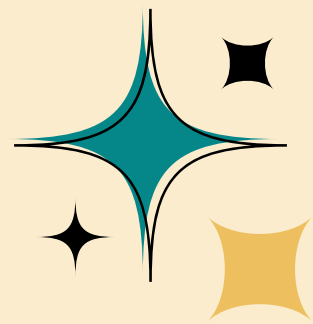
BARNET PARENT RESOURCES

1 - PEER SUPPORT

For Parents:

Barnet Parent-Carer Forum

Find website [here](#).



For Young People:

Resources for Autism - Saturday 858 Club

Available for young people 8-12 and
13-18 years old (separate groups).
Every Saturday in Temple Fortune.

Find information on website [here](#).

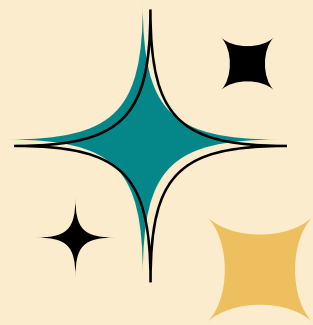
Find flyer [here](#).

2 - WEBINARS AND WORKSHOPS

Autism Central

Autism Central offers webinars on topics around autism support. They also offer spaces to share experiences or ask questions in relation to supporting an autistic individual.

Find full list of events [here](#).



05

FEB

NEED TO TALK

Peer support space for parents to share and discuss experiences

11

FEB

BULLYING

Workshop exploring the impact of bullying from an autistic perspective.

13

FEB

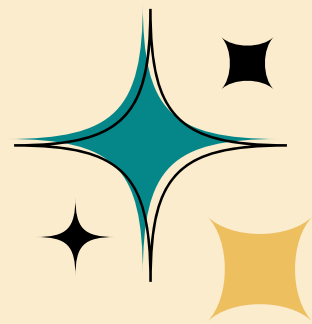
SUPPORTING AUTISTIC PARENTS

A 1.5-hour workshop aimed at parents who are exploring their own autistic identity

Mencap

Offers parenting programmes and workshops. They offer two Family Links nurturing programmes per term, for parents of children with learning disabilities, ADHD, or who are autistic.

Find further information [here](#).



3 - ACTIVITIES

Barnet Local Offer

Find full list of activities [here](#).

Barnet Youth - Positive Activities

Find term-time and holiday activities [here](#).