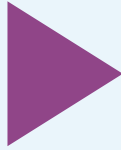




Programme Content



The Programme:

Mini BACPAC

Professionals and parents will deliver modules designed to increase your knowledge and skills with understanding Autism and using practical strategies to support your child.

The Criteria:

The criteria for accessing the programme:

- Barnet Resident
- Child has a diagnosis of Autism
- Child is 0-6 years old

To Register:

To register, click the button below or scan the QR code

[Mini BACPAC Summer
Term 2026 booking](#)



Online sessions link:

Zoom links to be sent for each session once registered.

In-person location:








The in-person sessions will be at:

Barnet Autism Hub
Resources for Autism
858 Finchley Road,
NW11 6AB

Any questions?

Please email

Minibacpac@Barnet.gov.uk

Topic	Description	Date/Time
1. Autism in the Early Years 	<ul style="list-style-type: none"> •What is autism? •Autism and early education. •Autistic voice. •Strategies for support. Professionals: BEAM	Monday 27th April In-person session: 10:00-11:00 Tuesday 28th April Online session: 12:00-13:00 Online session: 19:30-20:30
2. Emotional Regulation and Predictability 	<ul style="list-style-type: none"> •Use of visuals and other strategies for setting up routines in the home, managing changes and transitions. •Enhancing predictability as a way to support emotional regulation. Professionals: BEAM	Monday 11th May In-person session: 10:00-11:00 Tuesday 12th May Online session: 12:00-13:00 Online session: 19:30-20:30
3. Understanding Education Health and Care Plans (EHCPs) 	<ul style="list-style-type: none"> •What is an EHCP? •How can an EHCP help my child? •How long this process takes? •Who can help? Professionals: SENDIASS	Monday 18th May In-person session: 10:00-11:00 Tuesday 19th May Online session: 12:00-13:00 Online session: 19:30-20:30
4. Promoting Communication 	<ul style="list-style-type: none"> •Development of speech, language and communication. •Strategies for promoting this in the home. Professionals: Speech Therapist	Monday 1st June In-person session: 10:00-11:00 Tuesday 2nd June Online session: 12:00-13:00 NO EVENING SESSION
5. Toileting 	<ul style="list-style-type: none"> •Understanding of the development of toileting skills. •Strategies for promoting using the toilet at home. Professionals: BEAM + parent	Monday 8th June In-person session: 10:00-11:00 Tuesday 9th June Online session: 12:00-13:00 Online session: 19:30-20:30
6. Eating and Drinking Difficulties 	<ul style="list-style-type: none"> •Understanding of the development of eating and drinking skills. •Practical strategies to use at home. Professionals: Occupational Therapist	Monday 15th June In-person session: 10:00-11:00 Tuesday 16th June Online session: 12:00-13:00 NO EVENING SESSION
7. Understanding Sensory Processing 	<ul style="list-style-type: none"> •Understanding of our 5 senses and 3 hidden senses. •Practical strategies to promote alertness and calm. Professionals: Occupational Therapist	Monday 22nd June In-person session: 10:00-11:00 Tuesday 23rd June Online session: 12:00-13:00 NO EVENING SESSION