



**0-19
Early
Help
Hubs**

AVA/CODA Domestic Violence Program Women's Group

The Early Help Team in Barnet are offering a Women's Support Group for women who have experienced domestic violence and have children living in Barnet.

This group aims to support the non-abusive parent to promote safer relationships, raise their self-esteem, increase their understanding of conflict, and address their children's needs. The group aims to help women understand the impact of domestic violence and conflict on children and young people.

Parenting techniques are covered in the context of when children have lived with abuse.

Date: 21st April 2026 (11 weeks)

No session will take place during the half term week

Time: 11.15am – 1.15pm

**Venue: The Hyde Children's Centre,
NW9 7EY**

As a participant in the course, you will be expected to attend every week. However, we respect this may not be possible and ask that you inform us as soon as you know you are unable to attend.

Refreshments will be available.

Please let us know in advance of any dietary requirements you may have.

If you are interested, please complete:

[Universal Plus referral form \(barnet.gov.uk\)](https://www.barnet.gov.uk)

or Contact

Group Facilitators:

Dipti Shah 0208 359 3590

Lisa Rowlands 0208 359 3590 for further information.



www.barnet.gov.uk/directories/childrens-centres



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