

BELS Advisory Team for Autistic Children and Young People

Building for Success: Supporting Autistic Young People to Thrive during Transition from Primary to Secondary

With Dr Pooky Knightsmith.

The move from primary to secondary school is a big one for any child, and for autistic young people it can feel especially daunting, both for them and for you. This warm, practical session is for parents and carers of Year 6 children (Year 5s welcome too) who want to feel more confident about the months ahead. We'll think together about what your child brings to this new chapter, what you can do to support them, and what to do when things get wobbly. Plenty of time for questions.

In this session, parents and carers will:

- Explore the strengths and challenges their child is bringing into secondary school
- Discover how to make the unfamiliar familiar before September
- Understand what to share with their child's new school, and how to make it count
- Recognise the "fine at school, struggling at home" pattern
- Think about their own wellbeing, because transition is a long game

For: Parent/carers of Year 5 and 6 Autistic Young People

When: Tuesday 2nd June at 6.00pm

Join us on Zoom for an hour including a 30-minute presentation and discussion time with

OR sign up to receive a 30-minute recorded presentation for you to watch

The online sessions are free, but it is essential you register using the link below.

[02.06.2026. Primary to Secondary Transition Event with Dr Pooky Knightsmith. Sign-up form.](#)
– [Fill in form](#)

Any questions please email Autism.Team@Barnet.gov.uk with

“Pooky Knightsmith talks June 2026” in the header.