

Year Group	Autumn 1 Emotions and Me	Autumn 2 Our Relationships	Spring 1 Keeping Ourselves Safe	Spring 2 Keeping Ourselves Healthy	Summer 1 Our Money, Our Futures	Summer 2 Growing and Changing
Year 1	Knowing Me, Knowing My Feelings	Having Healthy Friendships	How Can I Keep Myself Safe?	Keeping Well and Clean	My Money	My Family
Year 2	Feelings and Families	Making and Breaking Friendships	Keeping Safe	Healthy People	Money and Jobs	About My Body
Year 3	Emotions, Feelings and Peer Pressure	Different Families and Friendships	Healthy Relationships and Keeping Safe	Healthy Lifestyles	Money, Strengths and Goals	My Body and Feeling Safe
Year 4	Mental Wellbeing and Relationships	Diversity, Friendships and Boundaries	Media and Me	Healthy Lifestyles and Getting Help	Money and Aspirations	Puberty and Boundaries
Year 5	Looking After Our Wellbeing	Stereotypes, Diversity and Relationships	Rights, Safety and Digital Resilience	Healthy Lifestyles - Legal and Illegal Drugs	Money and Enterprise	Puberty and Rights
Year 6	Feelings, Families and Staying Healthy Online	Relationships, Bullying and Conflict Resolution	Media Literacy and Digital Resilience	Healthy Lifestyles and Drug Education	My Money, My Career, My Future	Puberty, Relationships and Transition
Whole School Focus/Enrichment Opportunities	World Mental Health Day Black History Month Fairtrade Fortnight	Anti-bullying Week Road Safety Week	Children's Mental Health Week LGBTQ History Month Internet Safety Day		My Money Week National Smile Month	National School Sports Week